## What's New in the Pathophysiology of Disease: Eosinophilic Esophagitis

Jonathan M. Spergel, MD, PhD









(Over the past 24 months)

Name: Jonathan Spergel

Commercial or Non-Profit Interest	Relationship
American Academy of Allergy Asthma and Immunology	Committee Member, Chair-Division Directors
Regeneron/Sanofi, Almmune Therapeutics, NIH,	Investigator, Institutional Research Support
Kaleo, DBV Technologies, Novartis, Abbott	Consultant
Food Allergy Research Education (FARE), American Partnership For Eosinophilic Disease, IFPIES, Food Allergy & Anaphylaxis Connection Team	Medical Advisory Board

#### CanMEDS Roles Covered



**Medical Expert** (as *Medical Experts*, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills, and professional values in their provision of high-quality and safe patient-centered care. *Medical Expert* is the central physician Role in the CanMEDS Framework and defines the physician's clinical scope of practice.)

**Communicator** (as *Communicators*, physicians form relationships with patients and their families that facilitate the gathering and sharing of essential information for effective health care.)



Collaborator (as Collaborators, physicians work effectively with other health care professionals to provide safe, high-quality, patient-centred care.)

**Leader** (as *Leaders*, physicians engage with others to contribute to a vision of a high-quality health care system and take responsibility for the delivery of excellent patient care through their activities as clinicians, administrators, scholars, or teachers.)

**Health Advocate** (as *Health Advocates*, physicians contribute their expertise and influence as they work with communities or patient populations to improve health. They work with those they serve to determine and understand needs, speak on behalf of others when required, and support the mobilization of resources to effect change.)

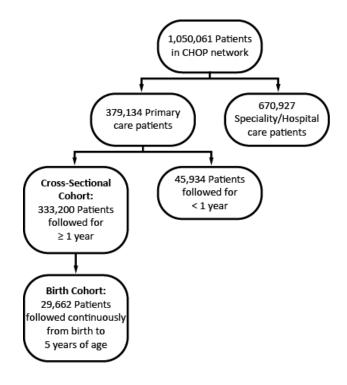


Scholar (as Scholars, physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and by teaching others, evaluating evidence, and contributing to scholarship.)

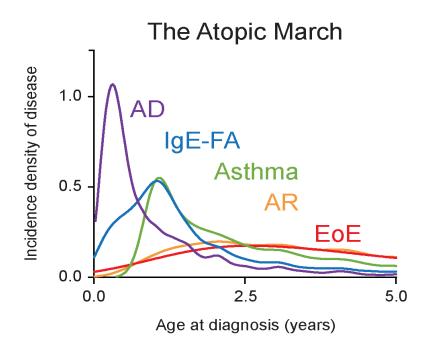
**Professional** (as *Professionals*, physicians are committed to the health and well-being of individual patients and society through ethical practice, high personal standards of

behaviour, accountability to the profession and society, physician-led regulation, and maintenance of personal health.)

# CHOP Examination of the Atopic March



#### What about EoE?



Hill, Spergel JACI

		Secondary Diagnosis							
		AD	lgE-FA	Asthma	EoE	AR			
Primary iagnosis	AD[	-	2.5	1.5	3.2	1.7			
	IgE-FA Asthma		ı	1.5	9.1	1.6			
	Asthma			-	1.9	1.6			
	EoE				-	2.1			
	AR					-			

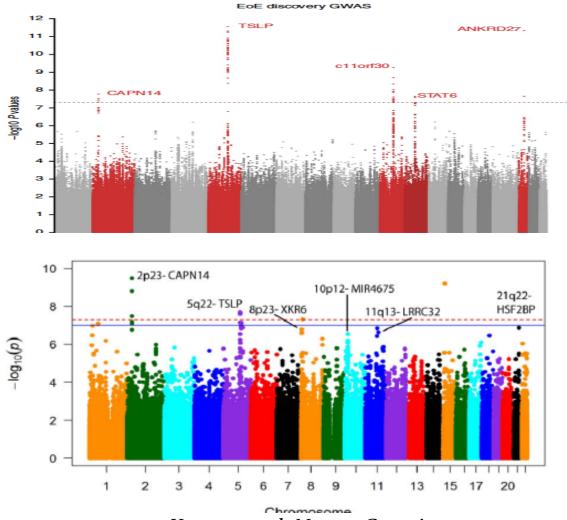
### Association of Atopy with EoE

Ref	# of Pts	Age (Yrs)	Asthma	AR	AD	Food
General Population			10%	20-40%	5-20%	1-6%
Spergel	620	8m-20	50%	61%	21%	16%
Assad	89	3m-18 yr	39%	30%	19%	9%
Sugnanam	45	3m-16 yr	66%	93%	55%	24%
Guajardo	39	1m -31	38%	64%	26%	23%
Roy-Ghanata	23	18-57	26%	78%	4%	

## Pathogenesis

Similarities to Atopic Dermatitis and Asthma

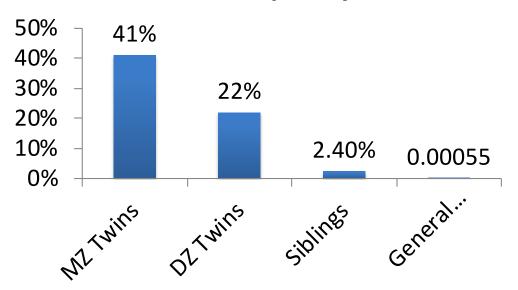
Barrier dysfunction and systemic involvement



Kattyan et al. Nature Genetics 2014 Sleiman *et al*, Nature Commun 2014

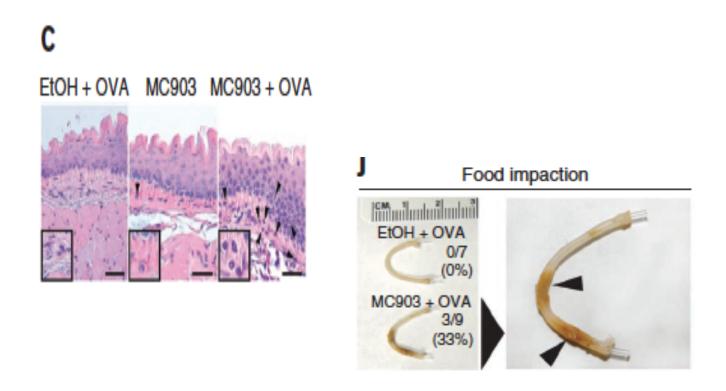
#### **Environmental/Genetic Factors**

#### **EoE Frequency**



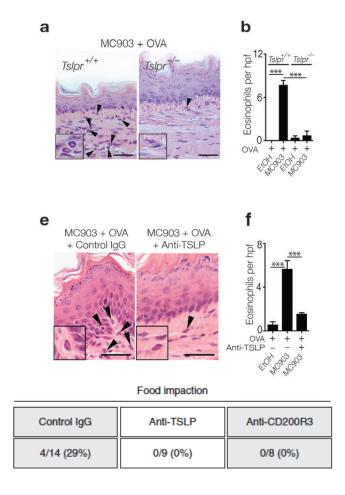
Alexander et al. J Allergy Clin Immunol 2014

#### Mouse Model of EoE

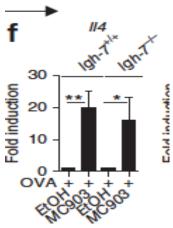


Noti et al, Nat. Medicine 2013

#### Mouse EoE



Not IgE dependent



Noti et al, Nat. Medicine 2013

#### TSLP induced in EoE

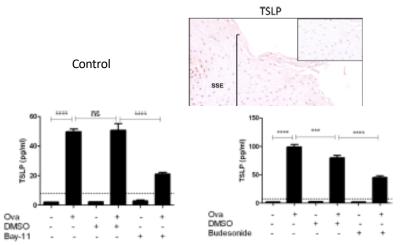
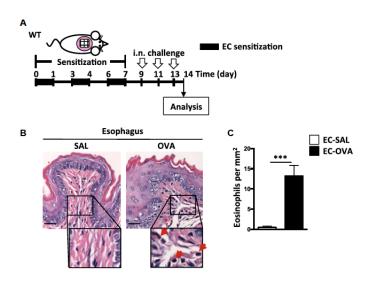


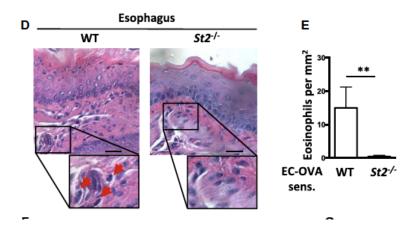
Fig 5. OVA-Induced esophageal epithelial TSLP induction is dependent upon NF-kB signaling and inhibited by bude sonide in vitro. A) differentiated EPC2-hTERT cells were pre-incubated with Bay-11 for 1hr prior to stimulation with OVA. TSLP in culture supermatant was a stayed after 24 hrs. B) Differentiated EPC2-hTERT cells were stimulated with Ova in the presence or absence of bude sonide (1uM) or DMSO (vehicle) for 24hrs. TSLP inculture supermatant was assayed using ELISA. \*\*\*p<0.001, \*\*\*\*p<0.0001, NS = not significant.

AN INVELEDE.

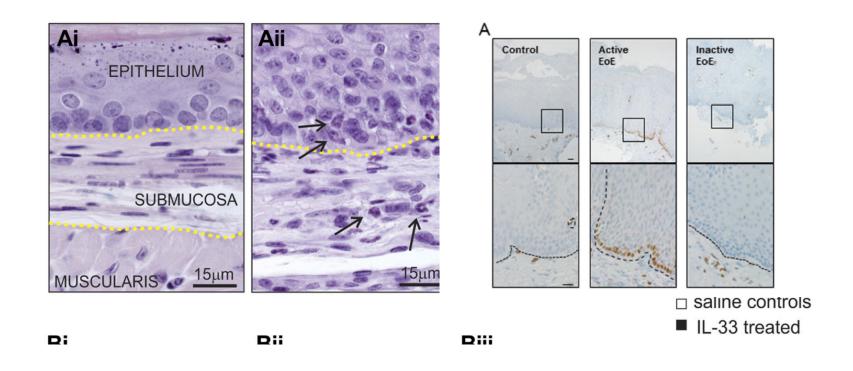
Bay-11 NFKB inhibitor

### Mouse Model IL33-ST2 pathway





#### IL-33 Induces mouse EoE and increased in human disease

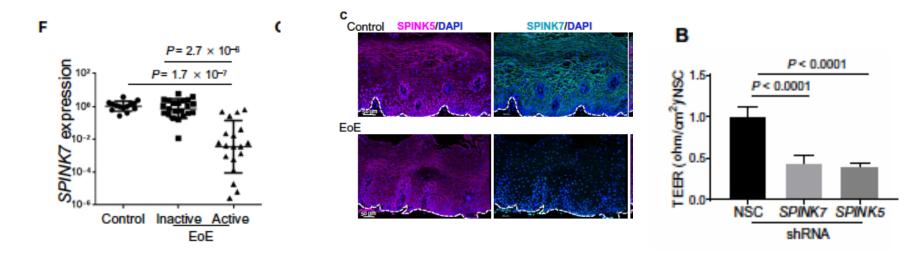


Travers...Rothenberg, Scientific Reports 2017

Judd et al. Am J Physiol Gastrointest Liver Physiol 2016

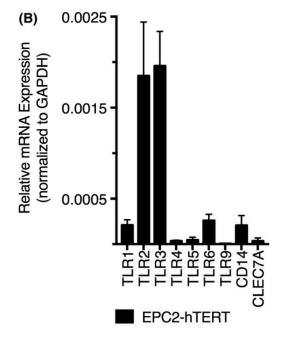
Epithelium has barrier dysfunction

#### Decrease in SPINK7 in active EoE

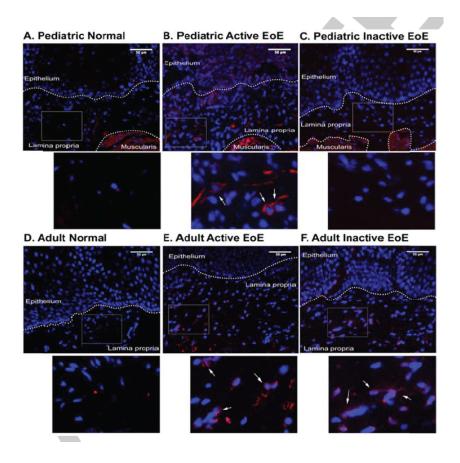


#### Loss of Barrier Function in EoE

- Decreased Tight junctions in esophageal biopsies in EoE patients
  - Decreased expression of occludin and claudin 1
  - IL-13 decreases DSG-1
- High expression of TLR-2 and TLR-3 in EoE

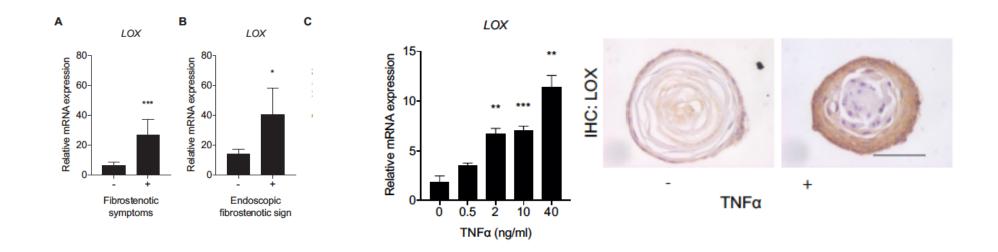


#### Fibrosis in EoE: Activated Fibroblasts



Muir et al, JPGHN 2015

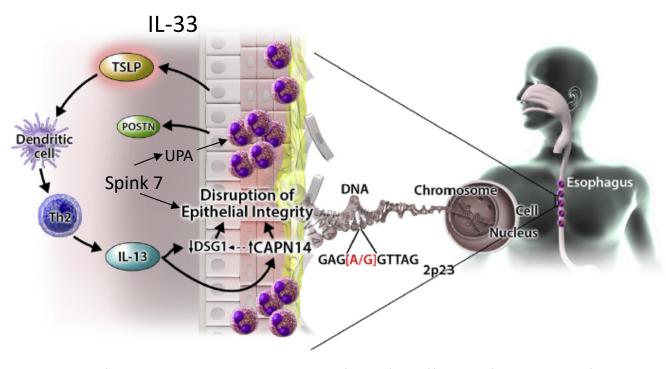
#### Fibrosis due to LOX and TNF- $\alpha$



LOX-Lysyl oxidase enzyme that works on collagen to form cross linking

Kasagi Muir J Allergy Clin Immunol 2019

#### CAPN14 in EoE

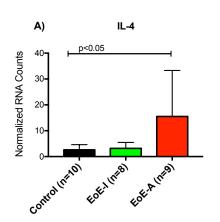


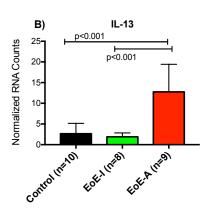
Kattyan et al. Nature Genetics 2014; Litosh et al, J Allergy Clin Immunol 2017; Modified

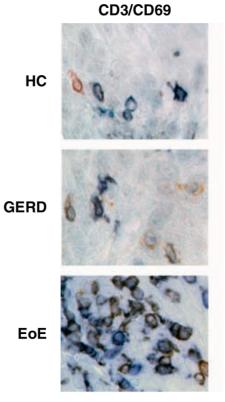
## Role of T cells in EoE

#### TH2 cells are identified in Esophageal Tissue

- Increase T cells compared to GERD
- Activated T cells
- Express Th2 cytokines

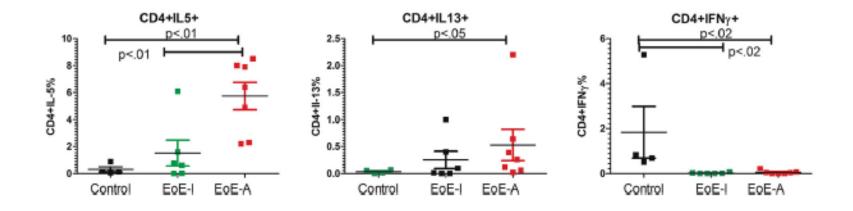






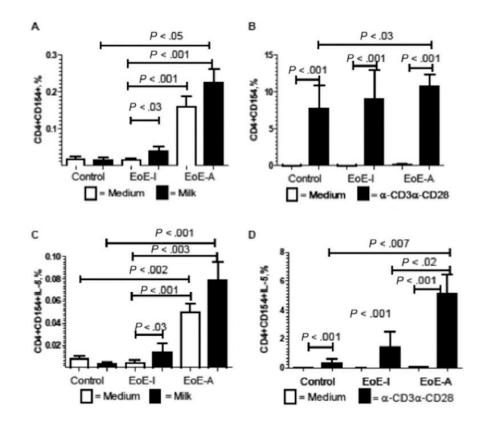
#### Role of Peripheral T cells in EoE-Increased Th2

- Examined T cells in milk induced EoE patients
  - On and off milk

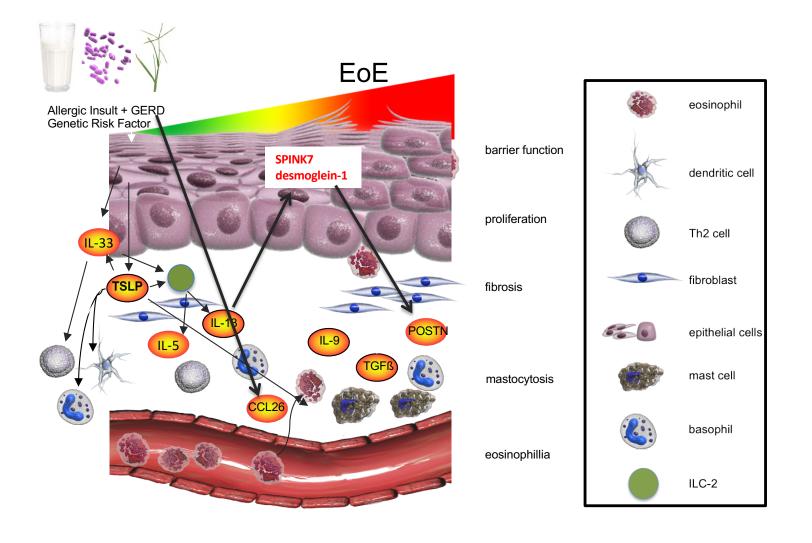


Cianferoni et al Annals Allergy Immunol 2018

#### Peripheral Th2 cells response to milk

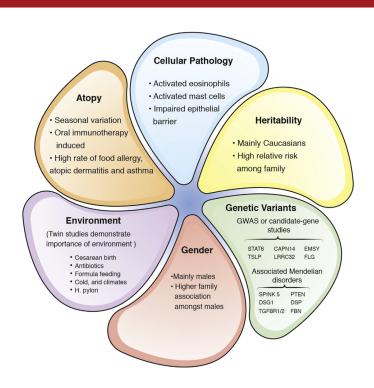


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#### Conclusion





O'Shea Gastroenterology 2018

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